

PRE-PARTICIPATION PHYSICAL (SPORT PHYSICAL)

Anne Arundel County, along with many of the local jurisdictions, require that the pre-participation sports examination (sport PE) be performed after June 1 for the upcoming school year. This has been their policy for many years and has caused significant burdens for parents of these teenagers along with the additional burden of overtaxing our office in the summer months. Additionally, we recommend and require that children have a comprehensive health maintenance visit each year in this office. We believe that it is, ideally, done at about the time of the child's birthday. This causes an issue, many times, with the school's requirement for sports physicals.

To remedy this we are now offering sports physicals, at any time, where the scope of the visit will be limited to assessing the ability for the athlete to perform in his or her sport. We will do this for a flat fee of \$50 and that will include completing any **single** pre-participation sport form. This will **not** be billed to insurance and there will not be an opportunity at these visits to discuss other health maintenance issues.

This will **not** be in lieu of the required yearly health maintenance visit to maintain active status in this practice. Those visits **will** be billed to insurance and **will** allow us adequate time to review all of the issues pertinent to good health, growth and development.